

SHOPPING LIST

- 2 Pears (diced)
- 1/2 c Olive Oil
- 1 Tsp Salt
- 1 Tsp Dijon
- 1/4 c White Wine Vinegar
- 1 Tbsp Honey
- 2 oz Mix Greens
- 1/4 C Nuts



FEED THE MASS

PEAR SALAD WITH DIJON VINAIGRETTE

SERVES 1

LETS START COOKING

1. In a jar add oil, salt, dijon, white wine vinegar, honey, and shake.
2. In a large bowl, Mix Greens Pears, Nuts, and dressing. Season with Salt and Pepper. Serve on a cold plate.



feedthemass.com

