

SHOPPING LIST

- 6 Tomatoes
- 3 Cloves Garlic
- 1/2 Onion
- 1 Tbsp Oregano
- 1 Tbsp Basil
- 3 Tbsp Olive Oil
- TT Salt and Pepper



FEED THE MASS

MARINARA SAUCE

SERVES 6

LETS START COOKING

1. Put onion, tomatoes, and garlic on a sheet pan and drizzle with oil.
2. Preheat oven to 375°. Place sheet pan in the oven and roast for 20 minutes.
3. In a Food processor blend the tomatoes, onions, and garlic.
4. Add Basil, oregano and other seasoning to taste.



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